

Sunday September 10th 2023

Track 1 - Lectures

Track 2 - Workshops

9.00 - 09.30

Registration and coffee

09.30 - 10.30

AMD treatments in 2023

Advancements in AMD treatments.

Mr Sajjad Mahmood

FRCOphth MA MBBChir,

Consultant Ophthalmic Surgeon

Mr Mahmood is a consultant ophthalmic surgeon specialising in medical retina and cataract surgery. He graduated from Cambridge University in 1997. He trained at Manchester Royal Eye Hospital and worked as a senior medical retina fellow at the Royal Liverpool University Hospital. He became a consultant in 2007 and between 2008 and 2020 he was the clinical lead for medical retina at Manchester Royal Eye Hospital leading an award winning service which was developed to four sites across the city in hospital and community locations. He is a leading UK expert in medical retina and has lectured nationally and internationally on ophthalmic imaging, age-related macular degeneration, diabetic retinopathy and retinal vein occlusion. He is also an advisor to the pharmaceutical industry assisting in the development of new drugs and treatment pathways.

CPD Points: 3

10.30 - 11.30

'Comfortable Vision' for your Toric Wearers - It's time to talk Toric:

We will be exploring the concept of comfortable vision for toric wearers, assessing their current needs and if we are currently meeting them. Studies show a lot of CL wearers with astigmatism are not satisfied with their visual experience so we will aim to enlighten ECPs on the importance of understanding the design and surface technology of a toric lens. This will not only increase the ECP's confidence but will effectively manage the wearer's evolving visual needs and improve their CL experience.

Dr Sunayna Verma Mistry

CPD Points: 1

'Comfortable Vision' for your Toric Wearers

We will be using 4 case scenarios to explore the concept of comfortable vision for toric CL wearers, assessing their current needs and if we are currently meeting them. Studies show a lot of CL wearers with astigmatism are not satisfied with their visual experience so we will aim to enlighten ECPs on the importance of understanding the design and surface technology of a toric lens. This will not only increase the ECP's confidence but will effectively manage the wearer's evolving visual needs and improve their CL experience.

Dr Sunayna Verma Mistry

Sunayna qualified as an Optometrist from The University of Manchester in 2012. On completion of her Pre-Registration, Sunayna worked firstly as a mobile optometrist across the country then as a resident Optometrist at an Independent Opticians, where her interest in dry eye disease and glaucoma developed. Sunayna recently completed her PhD focusing on the effects of topical glaucoma medication on the ocular surface. This allowed her to lead her own research clinic at Russells Hall Hospital in Dudley, whilst also supervising various student clinics at Aston University. Her passion for research and education led her to her current role at Alcon as a Professional Education and Development Manager where she utilises her acquired skills of teaching, project planning, management and research to help enhance the world of eyecare. These skills, coupled with 11 years of clinical experience in both high street and hospital settings, are the driving force behind Sunayna's success.

CPD Points: 3

Accessible Eyecare Communication, Accessibility, and Inclusivity Considerations to Ensure Good Patient Outcomes:

This peer review presents three patients who require access to eyecare. Working with your peers, specific consideration will need to be given to communication, accessibility and inclusivity to ensure good patient outcomes.

Alexandra Webster

MSc, PGDipE, FBDO CL, FHEA, FBCLA

Alexandra is a qualified dispensing optician and contact lens optician who has worked in both independent and multiple high-street practice. She is an international practical examiner for ophthalmic dispensing and a UK practical contact lens examiner for the Association of British Dispensing Opticians (ABDO). For several years Alex worked in contact lens professional services for Johnson & Johnson and Alcon, and as a part-time lecturer in Ophthalmic Dispensing and Contact Lenses at Bradford College, gaining a Master's degree in Healthcare Professional Education. She is currently Head of CPD for ABDO and undertaking a Professional Doctorate in Education with the Open University.

CPD Points: 3

Sunday September 10th 2023

Track 1 - Lectures

Track 2 - Workshops

11.30 - 12.00

Coffee Break/Exhibitors

12.00 - 13.00

Dry Eye and Wellbeing

Piyus Tanna

BSc (Hons) MCOptom

Practicing Optometrist for the last 18 years. WOPEC lead assessor for 14 years. Previously on AOP council, taught clinics at City University and Anglian Ruskin. Currently a Personal Development Tutor at Vision Express, Chair of Northamptonshire LOC, CPD registrant reviewer for the GOC and CPD Author.

CPD Points: 3

OCT- front to back:

As part of this discussion workshop, we will briefly review the clinical capabilities of OCT devices. Individual cases which will include different types OCT data/ outputs (e.g. anterior OCT data, posterior OCT data and OCTA outputs) will be discussed in small groups.

Dr Rebekka Heitmar,

MCOptom, Prof Cert Med Ret

Rebekka is a reader in Optometry and Vision Sciences at the Department of Optometry and Vision Sciences, School of Applied Sciences at University of Huddersfield and is a Co-Director at the Centre for Vision across the Life Span.

CPD Points: 3

13.00 - 14.00

Lunch/Exhibitors

14.00 - 15.00

Cataract and postoperative complications:

This is an interactive discussion of illustrative cases focused on presentation, differentials, referral & urgency, and management & prognosis.

Mr Bataung Mokete

BSc FRCSEd MBChB

Consultant Ophthalmic Surgeon at St James's University Hospital, Leeds. Mr Mokete qualified from medical school at the University of Bristol in 1992 and continued his ophthalmic training on the South Thames rotation of the London Deanery. He then completed advanced subspecialty training in medical retina at Moorfields before completing a vitreoretinal surgery Fellowship in Brighton and a further Fellowship at St Thomas' Hospital in London.

CPD Points: 3 (includes quiz)

'Comfortable Vision' for your Toric Wearers (repeat)

Dr Sunayna Verma Mistry

CPD Points: 3

15.00 - 16.00

'Comfortable Vision' for your Toric Wearers- It's time to talk Toric (repeat)

Dr Sunayna Verma Mistry

CPD Points: 1

The importance of a dry eye assessment for surgery patients - how to make your referral stand out

**Prashant Shah BSc (Hons) MCOptom
PGDipOphth DipClinOptom**

Prasant is an Optometrist at OCL Vision

CPD Points: 3